

My, Oh My
by The Wreckers
Beginning Fundamentals

Intro 16 counts

A

4 slow heel steps
8 fast heel steps
4 slow knock steps
8 fast knock steps

B

2 stomps
3 chugs
2 stomps
3 chugs

C

4 step kick lifts
4 step heel lifts
8 rock steps (step L rock R)
8 rock steps (step R rock L)
6 step rock steps (alternating LRLR)

A2

8 slow double steps
16 fast double steps

B

2 stomps
3 chugs
2 stomps
3 chugs

C2

8 count grape vine left
8 count grape vine right
8 count grape vine left
8 count grape vine right

A3

4 slow brush lifts
4 slow skuff ups
12 fast skuff ups

Bridge

4 chugs
4 one-leg chugs on L
4 chugs
4 one-leg chugs on R

B x 2 times

Turn $\frac{1}{4}$ L on stomps to face side, back, side,
front (On last time only do 2 chugs)

C3

Step L

Kick Steps with drag until the end of the
music (Try to add Double Toes in place of
Kicks)

Rock Around the Clock
by Bill Haley & His Comets
Beginning Fundamentals

Intro 16 counts

2 singles L & R

2 triples L & R

2 fancy doubles L & L

4 chugs

Repeat until end of music